

# ABC life support

First aid training for all

## Blended First Aid at Work

This First Aid at Work elearning module allows learners to complete the full 18 hour First Aid at Work qualification as a blended course.



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# Blended First Aid at Work

## Description

This elearning module has been designed to give learners the theoretical knowledge needed to accompany 2 days of practical face to face training day and meets HSE requirements for the First Aid at Work qualification.

## Course content will teach learners how to:

- understand the role and responsibilities of the first-aider
- assess the situation and circumstances in order to act safely, promptly and effectively in an emergency
- administer first aid to a casualty who is unresponsive (including seizure)
- administer cardiopulmonary resuscitation and use an automated external defibrillator
- administer first aid to a casualty who is choking
- administer first aid to a casualty who is wounded and bleeding
- administer first aid to a casualty who is suffering from shock
- provide appropriate first aid for minor injuries (including small cuts, grazes and bruises, minor burns and scalds, small splinters)
- recognise the presence of major illness (including heart attack, stroke, epilepsy, asthma, diabetes) and provide appropriate first aid
- administer first aid to a casualty with:
  - injuries to bones, muscles and joints, including suspected spinal injuries;
  - chest injuries
  - burns and scalds
  - eye injuries

## 🕒 Duration: Approximately 6 hours

**Access:** This online course can be completed on any PC or mobile device. Learners can study at their own pace and log in and out as often as they wish.

## Features:

1. Appeals to all learning styles with interactive quizzes, video and audio features.
2. Allows learners to work at their own pace, testing their knowledge as they progress through the course.
3. Provides a very thorough resource for those with English as a Second Language to equip them with the vocabulary, language skills and confidence to pass a practical course.

**Assessment\*:** Self checks after each section of the course and an end of course multiple choice assessment.

**Certification:** On successful completion, learners can download a certificate as evidence that they have passed the course.

**Accreditation:** This course has been approved by the CPD Accreditation Group and qualifies for 6 CPD points. It has been approved by the FAIB (First Aid Industry Body).

\*For enhanced quality assurance, it is strongly recommended that the elearning module is completed prior to the practical face to face training day to ensure that learners have the opportunity to ask their trainer any questions about what they have learned and so that the trainer can test learners' knowledge in the classroom before issuing the Full Paediatric First Aid certificate.



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