

# ABC life support

First aid training for all

## Basic Family First Aid Training

### About Us

ABC life support provides impactful and interactive first aid training for all. Courses are practical with real life scenarios that are specific to the types of incidents that our learners may come across in their lives at work or at home. With the expert guidance of our highly qualified, knowledgeable and CRB checked trainers, we teach everybody the skills that will help them to confidently carry out the essential procedures required to preserve a life.



[www.abclifesupport.co.uk](http://www.abclifesupport.co.uk)



# Basic Family First Aid Training

The basic first aid course gives the participant the opportunity to learn the knowledge and practice the skills required to preserve a life in any emergency situation involving infants and children.

## Course content

- The Primary Survey
- Recovery Position on an unconscious but breathing casualty
- Cardio Pulmonary Resuscitation (CPR) on a casualty who is not breathing
- Choking
- Minor Bleeds, Burns and Scalds
- Childhood illness recognition

This course is designed to offer the student comprehensive knowledge on the basics of emergency first aid.

## Course Details

Delivered over 2 hours with both theoretic and practical modules.

## How to book

If you are interested in booking one of our courses or just have a general enquiry please get in contact via the website, by e-mail or phone.



'Great fun despite the serious subject, and appreciated by us all. I especially liked the way you explained why certain actions were necessary rather than just telling us what to do. A great course and professionally run'

**Andrea Lee**  
Proprietor - The Music Train

**ABC life support**  
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