

# ABC life support

First aid training for all

## Accident, Illness & Basic Life Support Course

### About Us

ABC life support provides impactful and interactive first aid training for all. Courses are practical with real life scenarios that are specific to the types of incidents that our learners may come across in their lives at work or at home. With the expert guidance of our highly qualified, knowledgeable and CRB checked trainers, we teach everybody the skills that will help them to confidently carry out the essential procedures required to preserve a life.



[www.abclifesupport.co.uk](http://www.abclifesupport.co.uk)



# Accident, Illness & Basic Life Support

The Accident, Illness and Basic Life Support course covers more detail than the Basic Life Support course. You will learn how to cope with a wider range of incidents and scenarios involving infants and children, both in the workplace and at home.

## Course content

- Incident Management, how to plan for and deal with a first aid emergency
- The Primary Survey
- Recovery Position on an unconscious but breathing casualty
- Cardio Pulmonary Resuscitation (CPR)
- Choking
- Shock and Bleeding
- Burns and scalds
- Asthma and Croup
- Meningitis
- Febrile convulsions
- Head Injuries

## Course Details

Delivered over 4 hours with both theoretic and practical modules.

## Assessment Process

There is no formal assessment. Trainer will provide on-going assessment.

## Certification

The student will receive a Paediatric First Aid Booklet and hand-outs.

## How to book

If you are interested in booking one of our courses or just have a general enquiry please get in contact via the website, by e-mail or phone.



“Made me wonder why I didn’t do this earlier! Really gave me the confidence to act if anything should ever happen...Thank you”

**ABC** life support  
First aid training for all



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